



FUN FOR KIDS

in Aroostook County





Healthy Aroostook & Power of Prevention

VISION

The County: Healthy Environment, Healthy People

MISSION STATEMENT

Power of Prevention and Healthy Aroostook are community coalitions dedicated to improving the health and well-being of Aroostook County citizens through collaborative community action, education, and prevention.

PURPOSE

This Kids Resource Guide summarizes the physical and educational activities available in Aroostook County. It is our goal that you will use it to enhance your participation. If you are aware of any activity opportunities that are not listed, please contact your local Healthy Maine Partnership.

DISCLAIMER

Inclusion or omission of any information is neither an endorsement nor disapproval of any existing facilities in Aroostook County.



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RESOURCE-FULL WEBSITES

Girl Scouts
www.girlscoutsofmaine.org

Boy Scouts
<http://katahdinareabsa.org>

Online Games/Puzzles
<http://www.thekidzpage.com>

Coloring
<http://www.crayola.com/free-coloring-pages>

Questions Kids Ask
<http://www.faqkids.com>

Kids' Cooking Recipes
<http://www.nickjr.com/recipes/index.jhtml>

Clean Kids' Jokes
<http://www.jokesbykids.com>

Kids' Crime Prevention Activities
<http://www.mcgruff.org>

Games, Photos, Stories, and More
www.kids.nationalgeographic.org

Games, Videos, and Activities
www.pbskids.org

Activities—Online and Printable
www.foodchamps.org

Maine Facts with Games and Activities
www.maine.gov/sos/kids

ASHLAND

Ashland Community Library

57 Exchange Street
207-435-6532

Hrs: Monday 9-4, Wednesday & Friday 9-4 & 6-8; Closed Tuesday, Thursday, & Saturday

Ashland Recreation Department

46 Hayward Street
207-435-6893

Swimming, skiing, basketball, baseball, and some holiday events. Call for more details.

Ashland Area Cross Country Ski Club

167 Garfield Road and
460 Belville Road

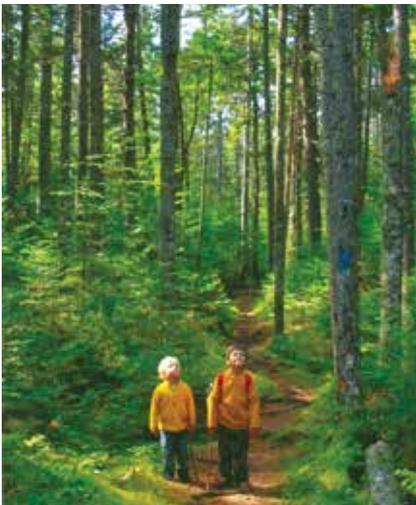
Linda Milligan 207-227-9135

Ski club-groomed ski and snowshoe trails.



Squapan Public Reserved Land

This forested area, bordering scenic Squapan Lake, attracts visitors who enjoy paddling, hunting, fishing, birding and camping in a semi-remote setting. Water access campsites on the lake shore and snowmobile trails through the woods are the most popular destinations for visitors. Located between Presque Isle and Ashland, this 16,700-acre reserve contains some of the most rugged terrain in the region. Some of the reserve's features include Squapan Mountain, which is 1400 feet high, 9.5 miles of shoreline on Squapan Lake, as well as low hills, wetlands, brooks, and a small pond.



BRIDGEWATER

Bridgewater Recreation Department

Main Street
Chris Finemore
207-521-4510



CARIBOU

Balloon of Peace Site

South of Caribou on outer South Main Street

It is located on a parcel of land comprising about 2 acres. Sloping land, wide open field, bordered by a heavily forested tract of land. This location is a great place to listen to the birds while browsing the perennial gardens and observing the location of the famous Rosie O'Grady Balloon Launch Memorial.

Caribou High School Multi-Use Trails

Behind Caribou High School

State-of-the-art ski facility. The ski trails also serve as a destination for runners, hikers and geocachers. During the winter months the ski trails are fully lit, enabling the community to ski and snowshoe in the short daylight of the winter months. In summer months, trails offer hikers, bird-watchers, runners, mountain bikers, and geocachers an excellent exercise destination.

Caribou Public Library

30 High Street
207-493-4214
www.caribou-public.lib.me.us/



*Monday - Thursday 10am-7pm, Friday 10am-6pm.
Mother Goose Time, Toddler Time, and Story Time offered.*

Caribou Theater

66 Sweden Street
207-496-3545
www.cariboutheaters.com

Caribou Wellness Center

55 Bennett Drive
207-493-4224
www.caribourec.org/
*Monday through Friday 6am-9pm
Game Room Hours: Monday through Friday 3pm-8pm and Saturday 12-4pm
Indoor track, game room, and basketball courts.
Outdoor tennis courts, basketball court, baseball fields, pool, and soccer fields.*

Programs: basketball, cheerleading, Hershey track and field, baseball, skiing, tennis, soccer, and swimming lessons.

Collins Pond Park and Walking Path

Caribou Street

The present day Collins Pond Park is located on the southern shore of Collins Pond. Adjacent sports field complex, walking path, cul-de-sac parking area, and the picnic area pavilion off Washburn Street. Route starts on Washburn Street at the cul-de-sac. Leaving Caribou on Rt. 164 heading towards Washburn, at .4 miles on the left side of the road, is a paved area for parking. Walking east, you will approach a small covered picnic area, follow the sidewalk on Hatch Drive and bear right immediately crossing Caribou Stream and passing Lyndon Park. This area is also home to Dragon World, a landscape playground. This entire loop measures 1.5 miles. Please exercise caution as bicyclists are entitled to use this path as well.

Flora-Dale Park

Located on Spring Street

The Park is heavily forested with a variety of deciduous trees. Because this park is so quiet, it makes a great place to bring your lunch and a pair of binoculars. Picnic tables are readily available through memorial donations by the family of Wallace Griffeth.

Hardison Memorial Park

Located off of South Main Street and on Hardison Avenue

A variety of playground equipment is available in the park; ranging from swings, slides, teeter/totters, horse swings, toddler swings and picnic tables, and the remaining 1.2 acres consists of a mixture of trees and open grassy land.

Hilltop Playground

19 Marshall Avenue

Playground affords school and neighborhood children an unparalleled opportunity to exercise and play in a completely safe fenced-in playground setting, featuring state-of-the-art playground equipment that is safe to play on.

Melody Roller Rink

Access Highway

207-493-3259





North Caribou Park

US Route 1

Located 6 miles north of Caribou on Route 1. Comprised of over 50 acres, it offers open fields, woods and BBQ rings. Wide-open fields make this a great place to bring the little ones, a kite and set sail, or maybe Frisbee or soccer is more to your liking. Nature lovers will enjoy an excellent opportunity to grab a pair of binoculars, bird book, and a sturdy pair of boots to discover who makes this park home.

Soucie Memorial Sports

24 Sincok Street

Baseball and soccer fields

Teague Park Playground

59 Glenn Street

Teague Park has a combination lighted baseball/softball field, four lighted tennis courts, two lighted basketball courts, and a large playground and gazebo that serves both Teague Park itself and the adjacent Teague Park School. The commercially manufactured equipment that is there today is a

testament that it can withstand the rigors of the 200-300 kids that use this equipment daily.

EAGLE LAKE

Eagle Lake Recreation Department

36 Devoe Brook Road

207-444-5491 (recreation building)

207-444-5125

Indoor pool, gym.

Soccer, arts and crafts, basketball, volleyball, skiing, walking trails, snowshoeing, skating rink, and swimming lessons.

Lugdon Adventure Camp

1695 Sly Brook Road,

207-444-4557

<http://lugdonlodge.wordpress.com>

A variety of experiences from acting camps, kayaking, or mountain climbing during the summer months to dog-sledding weekends during February break are offered. More information on family, children, or week-long camps is available online or by calling.

EASTON

Easton Recreational Department

3 Station Road

207-488-6601

The Easton Recreation Department offers a variety of programs for all seasons. For more information please contact the director.

Francis Malcolm Science Center

776 Houlton Road
207-488-5451

<http://www.francismalcolmsciencecenter.com/>

Tue. - Fri. 9 - 3. Enjoy classes on wreath making, apple cider pressing, and snowshoe hiking. Additionally, any of our available Planetarium and Science/Nature programs are available for group bookings.



FORT FAIRFIELD

Fort Fairfield Community Center

18 Community Center Drive
207-472-3800

<http://www.fortfairfield.org/>

The Fort Fairfield Community Center Gymnasium and game room are open to the public for drop-in free play. The hours vary from season to season so please contact the Community Center or visit their website for a full listing of times available. The Fort Fairfield Community Center also offers a wide variety of activities to include G Force Laser tag, cross-country rentals, pee-wee basketball, t-ball, baseball, softball, golf,

tennis, soccer, gymnastics, and day camps. All program schedules are available online or by contacting the Community Center.

Fort Fairfield Public Library

339 Main Street
207-472-3880

Tue. - Fri. 10 - 5:30, Saturday 10 - 4. The Fort Fairfield Public Library has a collection of approximately 18,000 books, audio books, VHS and DVD movies, as well as 20 periodicals and 4 newspapers. We have an annual circulation of around 11,000 items. They also offer children's story hour and youth activities for ages 11+. Please contact the library directly for more information on times and availability.

Fort Fairfield Swimming Pool

(Outdoor)
18 Community Center Drive
207-472-3883





FORT KENT

10th Mountain Center

Paradis Circle

207-834-6203

<http://www.10thmtskiclub.org>

Skiing and mountain biking.

Fort Kent Outdoor Swimming Pool

Pleasant Street

207-834-3269

Located off Pleasant Street behind the Fort Kent Community High School on the banks of the Fish River. This facility consists of the main pool having a total of 194,400 gallons of water. A small pool is also featured along with a complete bathhouse.

Fort Kent Public Library

1 Monument Square

207-834-3048

The Fort Kent Public Library offers its younger residents story hour once a month.

Library hours: Monday, Tuesday, Thursday 12-5pm, Wednesday and Friday 12-8pm.

Fort Kent Recreation and Parks Department

416 West Main Street

207-834-3730

The Fort Kent Recreation Department offers a variety of recreation programs for all ages. The traditional summer program with swimming lessons, baseball, softball, soccer, basketball, tennis team and lessons, arts and crafts, social recreation, nature studies, special events, field trips, youth soccer leagues and clinics, holiday arts and crafts workshops along with one-time special events. Youth basketball leagues, ice hockey league, public ice-skating, tennis clinics, little league baseball, indoor soccer league, and a variety of enrichment programs are made available.

Jalbert Park Skating Rink

154 Pleasant Street
207-834-5773

Located off Pleasant Street adjacent to the Fort Kent Elementary School on the banks of the Fish River. This facility consists of a multipurpose building with restrooms, snack bar and meeting area. Also located here is an outdoor ice-skating rink with lights, two lighted tennis courts and a lighted multi-use athletic field. Ice skates and snowshoes are also available for public use.



The Saint John Valley Heritage Trail traces 16.9 miles of the former Fish River Railroad corridor, which was taken over by the Bangor & Aroostook Railroad, a line that transported goods and passengers across northern Maine. Skirting the Saint John River, the well-maintained, crushed-stone trail offers views of the forests, farmlands, and wetlands on the Canadian side of the river.

Little Black Lake

South Perley Brook Road

Located at the end of South Perley Road, this area consists of a public picnic area and boat landing.

Riverside Park

East Main Street

Located off East Main Street on the banks of the St. John River. The park consists of approximately 7.2 acres. This passive recreation park features a boat landing, bike/walking trail, picnic area, 8 RV camping sites, public restrooms, outdoor basketball court, children's playground, soccer field, open space and gazebo.

Saint John Valley Heritage Trail

<http://www.trailink.com/trail/saint-john-valley-heritage-trail.aspx>

HOULTON

Community Park

Randall Avenue

Picnic area, 3 tennis courts, 2 little league fields, 1 baseball field, 1 softball field, playground, and horseshoe pits.

Houlton Parks & Recreation Department

Gentle Memorial Building

128 Main Street

207-532-1310

parcs.recreation@houlton-maine.com

The Houlton Recreation Department offers a variety of programs such



as Hershey track, t-ball, basketball camp, softball, fall soccer programs, swimming lessons, first pitch, tennis lessons, school vacation programs, and many others. Please contact the office for more information on programs offered.

2 tennis courts, outdoor basketball court, open gym and game room, please call for hours.

Riverfront Park and Trail Head

North Road

Temple Theater Houlton Movie Theater

Downtown Market Square
207-532-2200

LIMESTONE

Aroostook National Wildlife Refuge

97 Refuge Road
207-328-4634
<http://www.fws.gov/northeast/aroostook/>

Limestone Recreational Department

93 Main Street
207-325-4791
www.limestonemaine.org 

One of Limestone's strongest assets is its diversity of recreational resources. The community pond and Albert Michaud Memorial Park area provide a number of outdoor recreational activities which include canoeing and fishing in the community pond, and an equipped children's park area. Albert Michaud Memorial Park contains a general play area and a small playground.

The Town of Limestone offers year-round recreation programs. Little League is especially popular during the summer. Soccer, swimming, and tennis lessons and numerous other activities are also included in the summer fare. During winter months the pool and gymnasium at the high school are open to the public.

Robert A. Frost Library

42 Main Street
207-325-4706 

*Monday, Tuesday, Wednesday, Friday
12 - 5. Thursday 12 - 7.*

Trafton Lake Campground

88 Lake Road
207-325-4791

Children's playground, nature walk—3 miles of wooded nature trails, mountain biking (no motorized vehicles allowed), swimming, public boat landing, water/jet skiing, boating, and fishing are among the activities offered (some fees apply).

MADAWASKA

Bi-Centennial Park

Corner of 11th Avenue and St. Thomas

The park holds many events throughout the course of the year. A large gazebo is located in the center with a beautiful brick fireplace to its far right. A Vietnam Veterans Memorial statue is a site of interest for many visitors. Park benches, picnic table, swings, and playgrounds attract people of all ages. The park is lighted for evening use.

Birch Point Beach

Long Lake

A great place to spend an afternoon is at this beach on Long Lake. This 20-acre site has a picnic area, a sand Volleyball Court, Tetherball and Playground Equipment. A bathhouse with restrooms is open from sunrise to sunset May through September.

Dionne Park

Fox Street

This newly developed 2-1/2 acre park is beautifully landscaped with trees and shrubs. A children's playground

with swings, tubes, and gliders is an enjoyment to the youngsters, while 2 Horseshoe Courts and a Basketball Court are enjoyed by the teens and adults. Benches and drinking fountain add to a leisurely spent family afternoon.

Four Seasons Trails

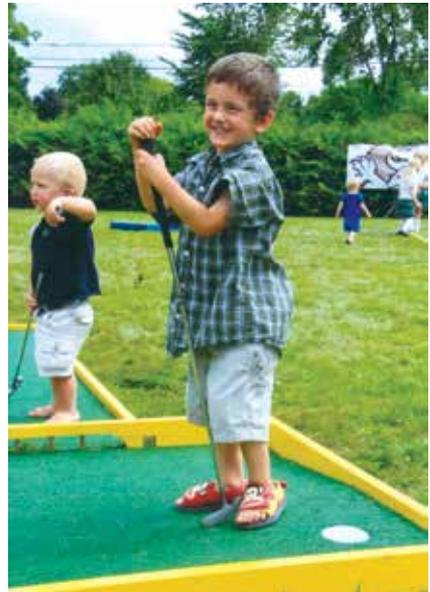
Spring Street

www.fourseasonstrail.org
1-207-433-5805

Fraser Park

11th Avenue

This site is home to a regulation Soccer Field, an Elementary School Soccer Field, a Softball Field with lights, 4 Tennis Courts, and a 775-square-foot building, which is also used by the Boy Scouts.



Madawaska Parks and Recreation

160 7th Avenue
207-728-3604

Madawaska Public Library

393 Main Street
207-728-3606

Monday - Friday 10 - 7, Saturday 10 - 2. The Madawaska Public Library provides far more than just traditional library services. We also serve as a genealogical resource for the greater Acadian community, a multi-use meeting center for all residents, and a connection to the wider world of learning and information through our free internet access.

Multi-Purpose Building

7th Avenue



The Multi-Purpose Center is a 30,800-square-foot building with a seating capacity of 3,240. The center sits on approximately 8 acres of land. The building has 2 indoor tennis courts, a basketball court, and three activity rooms on the first floor. During the winter months the center is converted into an indoor skating rink. The second floor consists of 2 offices and storage space for Recreational Equipment. The surrounding site has a Youth Baseball Diamond, a Regulation Baseball Diamond, 1 Volley Ball Court, 2 Horseshoe Courts, 2 Regulation Soccer Fields, and a Nature Studies Area.

MARS HILL

Big Rock Ski Area

Graves Road
207-425-6711
www.bigrockmaine.com
Fees apply.

Mars Hill Recreation Department

Mars Hill Recreation Center
PO Box 449, Mars Hill, ME 04758
Dave, 207-227-0485

The Mars Hill Recreation Department offers a variety of programs such as baseball, basketball, softball, and many more. For more information please contact the director.

PRESQUE ISLE

Arnold Brook Lake

38 Niles Road
Arnold Brook Lake is located three



miles from downtown Presque Isle on the Spragueville Road. Created in 1979, this 400-acre lake and park offers picnic facilities, a boat launch and nature trails.

Bishop's Island Ball Field

77 Chapman Road

Located next to Riverside Park, Bishop's Island is an athletic field utilized by our girls' softball leagues.

E. Milton Grant Memorial Pool & Playground

221 Main Street

Built in 1941, this area has provided a baseball/softball field and a playground area for over 60 years. The Milton Grant Memorial

Playground is located on South Main Street.

Mantle Lake Park

110 Pine Street

Mantle Lake Park is a multi-use park located at the end of Pine Street. Constructed in 1952, the park has tennis courts, playground equipment, a large play area, small picnic shelters, plus a large group shelter that can be reserved by calling the recreation office at 207-764-2564.

Northern Lanes Bowling

510 Main Street

207-764-1532

Peace Park

87 Parsons Street

Peace Park, dedicated in 1983, consists of playground equipment and a basketball court, along with trees that are planted by the local Peace Group.

Presque Isle Forum

84 Mechanic Street

207-764-0491

<http://www.presqueisleforum.com/skating.html>

Indoor Skating

Presque Isle Recreation Department

270 Main Street

207-764-2545

<http://pirec.org/home.htm>

The Presque Isle Recreation & Parks Department offers after-school programs for children in grades Pre-K

to 6 which include soccer, basketball, cheerleading, cross-country skiing, baseball, and softball. For more info on many other programs and activities please visit the website or call 207-764-2545.

Riverside

Bi-Centennial Park

36 Riverside Drive

This picturesque little park was constructed in 1980 with the combined efforts of the City, Kiwanis Club, Soil Conservation Service and the Bi-Centennial Committee. Riverside has a boat ramp, picnic area and playground and is located along the Presque Isle Stream within walking distance to downtown. The park also encompasses a multi-purpose field and building, which is available for rent for service clubs and birthday parties, etc. Contact the community center for more information.



The Braden Theater

408 Main Street

207-768-5500

<http://www.bradentheater.com/>

The Mark & Emily Turner Memorial Library

39 Second Street

207-764-2571

Hours: Monday - Thursday 9 - 7, Friday 9 - 5:30, Saturday 9 - 2 (school year). Summer: Closed Saturday Closed Sunday, always. The general public is welcome to use internet access (including wireless) for patrons 13 and under, use of our Wii game system, board games, and learning tools such as the Hooked on Phonics system. Regular programming includes after-school tutoring, Chess Club, Wednesday Toddler Time, Tween Book Club, and Saturday Family Game Time.

The Nordic Heritage Center

450 Fort Fairfield Road

207-762-6972

<http://www.nordicheritagecenter.org/>

Youth ski and bike programs, for more info on programs available please contact 207-762-6972. The center boasts 20 km. of ski trails, 20 miles of the best single track mountain bike trails on the east coast, a 30 point biathlon range, visitors center with ski rentals, 2.5 km. of lighted ski trails, 1 kilometer paved roller ski loop, a 26-room wax building, and a 6500 sq. ft. lodge located at the center of the ski and mountain bike trails systems.

University of Maine Presque Isle – Caroline D. Gentile Hall

181 Main Street

207-768-9772

<http://www.umpi.edu/gentile-hall>

25-yard pool ranging from 3.5 feet to 10 feet in depth, basketball courts, indoor track, 37-foot-high rock wall featuring 8 climbs for all abilities. Release forms, rates, and more info available online.

William V. Haskell Community Center

270 Main Street

Constructed in 1944 and acquired from the United Services Organization (US) in 1946, the William V. Haskell Community Center is a 7,200-square-foot building. The Center has a small gym, a combination lounge, TV and game room, along with the department offices. The center is used for various adult and youth activities.

Wintergreen Art Center

149 State Street

207-762-3576

<http://www.wintergreenarts.org/>

Wintergreen is an organization based on the idea that creativity, activism, and community can produce great things. Our mission is to provide meaningful experiences that encourage an appreciation of the arts, stimulate creativity and innovation, and offer an artistic community space where all are welcome.

Saturday Family Studio time (any

age), Friday Mini Monet art, music, and stories (ages 2-5 years), Thursday morning child directed Toddle-In time (ages 1-3), after-school programs from Mixed Media Art & Collage to sculpture.

STOCKHOLM

Snowy Mountain Ski Trails

Behind Stockholm Elementary School

Stockholm Elementary School Park

62 School Street

VAN BUREN

Abel J. Morneault Memorial Library

153 Main Street
207-868-5076



Hours: 10am-6pm Monday, Friday 10 - 5, Saturday 11 - 2
Activities: book signings and holiday activities

Split Cedar Trails

St. Mary Road
207-868-2285

Van Buren Community Center

16 Champlain Street
207-868-3382

Van Buren Public Recreation Park

Champlain Street
207-868-3395



WASHBURN

Washburn Memorial Library

1290 Main Street
207-455-4814

Hours: Monday 1-7, Tuesday - Friday 11 - 4:30.
Story time once a month.

WOODLAND

Woodland Elementary School Park

844 Woodland Center Road



FOR MORE INFORMATION

www.powerofprevention.org
Caribou 207-492-1089

www.healthyarostook.org
Presque Isle 207-554-4129

